









STOP
think about eating a smaller portion

SLOW
balance your meal with green choices

GO
eat all you want!

August 21- August 22 Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
				● Tomato Mushroom Consomme	● Beaker's Vegetable Barley
				● Baby Arugula w/ Goat Cheese & Roasted Peppers	● Chickpea Salad w/ Red Onion & Tomato
				● Ham Skroodle Pasta	● Tabbouleh
				● Grilled Chicken ● Spaghetti w/ Meatballs ● ● Marinara Sauce ● Sauteed Green Beans ● Caesar Salad Wraps	● Crispy Turkey Taco ● BBQ Sausage ● Corn on the Cob ● Steamed Broccoli ● Stuffed Bell Peppers
					● Taco Bar
				● German Chocolate Cake	● Toffee Crunch Cookie

At The Salad Works salad bar a variety of prepared salads are served alongside fresh salad greens and toppings each day. SAGE's chefs offer at least six low fat, made-from-scratch salad dressings along with traditional favorites. At The Classic Cuts Deli® bar, a variety of cheeses, ham, turkey, and deli salads are freshly prepared each day. Students can create their own favorite sandwich.

