









STOP
think about eating a smaller portion
SLOW
balance your meal with green choices
GO
eat all you want!

October 27- October 31 Lunch Menu

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|---|--|
|  | ● Covent Garden Soup | ● Carrot & Cilantro Soup | ● Butternut Squash Soup | ● Tortilla Soup | ● Minestrone Soup |
|  | ● Vietnamese Noodle Salad | ● Vera's Potato Salad | ● Piccalilli | ● Spinach & Mandarin Salad | ● Pesto Farfalle Salad |
|  | ● Garbanzo & Citrus | ● Cous Cous Salad | ● Pico De Gallo | ● Cabbage & Turkey Salad | ● Cherry Tomato & Haloumi Cheese |
|  | ● Chicken Alfredo ● Pasta Primavera ● Cauliflower Au Gratin ● Zucchini & Thyme Butter | ● Meat Lasagna ● Farfalle & Bell Peppers ● Garlic Mashed Potatoes ● Broccoli & Cauliflower Tetrazini | ● Chicken Fajitas ● Black Bean Quesadillas ● Charro Beans ● Broccoli Tossed In White Rice | ● Meatballs ● Tomato & Mushroom Frittata ● Rosemary Potatoes ● Ratatouille | ● Tilapia with Mango Salsa ● Penne With Zucchini Carbonara ● Herb Cous Cous ● Buttered Corn |
|  | ● Assorted Ice Creams | ● Fresh Cut Fruit | ● Chocolate Chip Cookies | ● Fresh Cut Fruit | ● Assorted Ice Creams |
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At The Salad Works salad bar a variety of prepared salads are served alongside fresh salad greens and toppings each day. SAGE's chefs offer least six low fat, made-from-scratch salad dressings along with traditional favorites. At The Classic Cuts Deli® bar, a variety of cheeses, ham, turkey, and deli salads are freshly prepared each day. Students can create their own favorite sandwich.

