

# The Kinkaid School Monthly Menu



**STOP**  
think about eating a smaller portion

**SLOW**  
balance your meal with green choices

**GO**  
eat all you want!

Monday	Tuesday	Wednesday	Thursday	Friday
	WELCOME BACK STUDENTS!	August 22 ● Chicken Noodle Soup ● <u>The Salad Works</u> ● <u>Classic Cuts Deli</u> ● Roasted Chicken ● Steamed Broccoli ● Smashed Potatoes ● Wheat Rolls ● Mediterranean Wraps ● <u>Assorted Fresh Fruit</u> ● Choc Chip Cookies	23 ● Tomato Basil Soup ● <u>The Salad Works</u> ● <u>Classic Cut Deli</u> ● Baked Pasta w/Italian Sausage ● Garlic Bread ● Green Beans ● Egg Plant Parmesan ● <u>Assorted Fresh Fruit</u> ● Bread Pudding	24 ● Tortilla Soup ● <u>The Salad Works</u> ● <u>Classic Cut Deli</u> ● Crispy Turkey Tacos ● Roasted Vege. Paella ● Charro Beans ● Spanish Rice ● Corn Bread ● <u>Assorted Fresh Fruit</u> ● Crisпитos
27 ● Cream of Mushroom ● <u>The Salad Works</u> ● <u>Classic Cut Deli</u> ● London Broil ● 5 Cheese Lasagna ● Roasted Potatoes ● Glazed Carrots ● <u>Assorted Fresh Fruit</u> ● Fudge Brownies	28 ● Loaded Potato Soup ● <u>The Salad Works</u> ● <u>Classic Cut Deli</u> ● Roast Turkey ● Fluffy Rice ● Sauteed Peas & Onion ● Roasted Veggie Panini ● <u>Assorted Fresh Fruit</u> ● Fresh Baked Cookies	29 ● Chicken Rice Soup ● <u>The Salad Works</u> ● <u>Classic Cut Deli</u> ● Salisbury Steak ● Southwest corn ● Green Beans ● Asian Veggie Wraps ● <u>Assorted Fresh Fruit</u> ● Chocolate Trifle	30 ● Beef Barley ● <u>The Salad Works</u> ● <u>Classic Cut Deli</u> ● Baked Pork Chops with Sauerkraut ● Sauteed Brussels Sprout ● Steamed Vegetables ● Mac & Cheese ● <u>Assorted Fresh Fruit</u> ● Chocolate Pudding	31 ● Broccoli Soup ● <u>The Salad Works</u> ● <u>Classic Cut Deli</u> ● Fish & Chips ● Corn on the Cob ● Sauteed Spinach ● Eggplant Rolltini ● <u>Assorted Fresh Fruit</u> ● Strawberry Shortcake
September 3 ● Tomato Cream ● <u>The Salad Works</u> ● <u>Classic Cut Deli</u> ● Barbeque Chicken ● Cheese Ravioli ● Green Beans ● Baked Beans ● <u>Assorted Fresh Fruit</u> ● Peach Cobbler	4 ● White Bean Soup ● <u>The Salad Works</u> ● <u>Classic Cut Deli</u> ● Teriyaki Pork Loin ● Brown Rice ● Mixed Vegetables ● Tofu Paella ● <u>Assorted Fresh Fruit</u> ● Snicker Doodles	5 ● Mushroom Soup ● <u>The Salad Works</u> ● <u>Classic Cut Deli</u> ● Baked Fish ● Saffron Rice ● Green Peas ● Veggie. Cannelloni ● <u>Assorted Fresh Fruit</u> ● Choc Cake	6 ● Chicken Noodle Soup ● <u>The Salad Works</u> ● <u>Classic Cut Deli</u> ● Roast Beef ● Mashed Potatoes ● Broccoli ● Confetti Corn ● <u>Assorted Fresh Fruit</u> ● Vanilla Pudding	7 ● Corn Chowder ● <u>The Salad Works</u> ● <u>Classic Cut Deli</u> ● Meat Lasagna ● Stuffed Portobello ● Sauteed Spinach ● Cauliflower ● Garlic French Bread ● <u>Assorted Fresh Fruit</u> ● Choc Bread Pudding
10 ● Potato Soup ● <u>The Salad Works</u> ● <u>Classic Cut Deli</u> ● Shrimp Scampi ● Egg Noodles ● Grilled Vege. Cous Cous ● Fresh Veggie Mix ● <u>Assorted Fresh Fruit</u> ● Fresh Baked Cookies	11 ● Seafood Bisque ● <u>The Salad Works</u> ● <u>Classic Cut Deli</u> ● Chicken Parmesan ● Garden Tortellini ● Ratatouille ● Broccoli ● <u>Assorted Fresh Fruit</u> ● Apple Crisp	12 ● Egg Drop Soup ● <u>The Salad Works</u> ● <u>Classic Cut Deli</u> ● Lettuce Wraps ● Pepper Steak ● Egg Rolls ● Stir Fry Vegetables ● <u>Assorted Fresh Fruit</u> ● Fudge Brownies	13 ● Chicken Rice Soup ● <u>The Salad Works</u> ● <u>Classic Cut Deli</u> ● Grilled Chicken Fajita ● Carrots ● Spanish Rice ● Baked Taco Casserole ● <u>Assorted Fresh Fruit</u> ● Apple Dumplings	14 ● Italian Wed Soup ● <u>The Salad Works</u> ● <u>Classic Cut Deli</u> ● Grilled Chicken Fajita ● Carrots ● Spanish Rice ● Baked Taco Casserole ● <u>Assorted Fresh Fruit</u> ● Goopy Cake

.. Menu items are subject to change due to availability of the products and other considerations.

