

FOR IMMEDIATE RELEASE

SAGE Dining Services® Partners with Schools to Promote A Positive Dining Environment

Baltimore, Maryland - February 2012 – SAGE Dining Services® forms a partnership with schools to encourage a healthy relationship with food and promote a positive dining environment.

Recognizing the relationship between food service providers and students, SAGE launched an employee training program to educate staff on eating disorders and how to recognize them within the student community. According to Jill Pate, director of personal counseling at Darlington School, “The education that the dining staff has received on eating disorders has now given us a new partner to aid in this area.” The eating disorders initiative is an outgrowth of SAGE’s Spotlight Program®, which encourages students to create balanced meals by emphasizing variety, balance and moderation.

In developing the employee training program, SAGE partnered with the renowned Center for Eating Disorders at Sheppard Pratt. Center director Dr. Harry Brandt states that, “SAGE’s commitment to the cause and willingness to pursue prevention and education initiatives should serve as an example for other corporations.” SAGE believes offering a wide variety of foods at each meal and describing how the food is prepared, allows customers to make informed choices that contribute to a balanced, healthful diet.

About SAGE Dining Services®

SAGE Dining Services® is the nation's leading provider of campus dining and upscale catering services for discerning independent schools and private colleges. Since its creation in 1990, SAGE has grown by providing its clients with personal attention, superior service and unbelievable food. Learn more at www.sagedining.com.

About the Center for Eating Disorders at Sheppard Pratt

The Center for Eating Disorders at Sheppard Pratt, located in Towson, Md., offers a comprehensive continuum of treatment services for the patient with complex eating disorders. The continuum includes inpatient, day hospital and intensive outpatient services, as well as ongoing outpatient treatment provided by the Center for Eating Disorders. The program is designed to respond to both the psychiatric and medical aspects of eating disorders, with a comprehensive array of mental health and consultative medical resources. For more information, visit: www.eatingdisorder.org

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