



SAGE Dining Services®
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FOR IMMEDIATE RELEASE

SAGE Dining Services® Celebrates National Nutrition Month® with International Cuisine

Baltimore- February 25, 2016- From the savory tastes of East Asia to the aromatic blends of the Mediterranean and zesty spices of Latin America, SAGE Dining Services® will celebrate National Nutrition Month® with activities focused on the flavors of international cuisine. The theme of this year's national celebration, "Savor the Flavor of Eating Right," encourages students to appreciate cultural aspects of dining and try new combinations of herbs, spices, and seasonings. Throughout the month of March, SAGE will engage guests with this concept by highlighting its international dining stations: *Pacific Thyme* (East Asian), *Mangia! Mangia!*, (Italian), and *Paquito's* (Latin American). Students will learn about unique foods, spices, and dishes from these regions through interactive activities such as puzzles and games.

To meet the needs of an increasingly global student population, SAGE has recently expanded its culinary offerings to include more international dishes. SAGE Dietitian Leah Renert comments, "These menu items serve as a familiar option for students from around the world, and they also function as a natural educational piece for American students." The selections provide SAGE chefs with a special opportunity to showcase their cultures and talents, and they also bring a refreshing variety to dining halls.

About SAGE Dining Services®

Established in 1990, SAGE Dining Services® is the leading food service provider for independent schools and colleges throughout North America. SAGE's unparalleled expertise in nutrition, sustainability, and culinary trends produces exceptional dining experiences that delight the senses, inspire minds, and foster community. Learn more at sagedining.com.